

# National Student Nurses' Association

## *Make a Great Impression!*

NSNA meetings are a great opportunity to meet and mingle with nursing leaders, fellow students, and prospective employers. It is also a perfect opportunity for NSNA members to display their professionalism—in what they say, how they say it, and how they look!

The 2005-06 NSNA Board of Directors developed a Code of Conduct for NSNA Meetings (see attached). Item five under Meeting Etiquette states that “Professional business attire or business casual attire is acceptable style of dress for professional meetings.” The following suggestions are provided as guidelines for professional business and business casual attire.

### Professional Business Attire

#### *Women*

Suit or jacket and pants or skirt  
(Skirt length – knee length or below);  
Tailored dress; Blouse  
Shoes – comfortable low heeled pumps,  
loafers or boots  
Stockings or Trouser Socks  
Simple Jewelry

#### *Men*

Suit – or jacket and slacks  
Shirt – traditional shirt with collar  
Tie  
Socks (of course)  
Dress Shoes & Matching Belt

### Business casual attire

#### **Yes, Business Casual**

Shirt with collar or polo style  
Slacks  
Chinos or Dockers – pressed  
Skirts  
Blazer or sweater  
Loafers or lace-up shoes

#### **Not considered Business Casual**

T-Shirts and jeans  
Shorts or mini-skirts  
Bare midriffs or low-cut garments  
(back or front)  
Flip flops, sneakers, or sandals  
Athletic wear or leggings

Accessories can add a special touch of color, texture, and pattern to your outfit and are considered a complementary part of both business professional and business casual attire. Also, if you wear fragrance, keeping it light and minimal is recommended in a professional setting to be considerate of others you meet with who may be sensitive to chemicals.

Remember to shake hands, smile, and introduce yourself to new friends and old acquaintances. Exchange business cards (however, remember to use caution when giving out personal information such as home address, phone number, and e-mail address) and keep a file of contacts for future networking.

At the end of the convention, you'll be ready to schedule the many interviews you'll want to make with exhibitors; accept speaking engagements at state and school chapters; and attend meetings of professional nursing organizations. You've made a lasting first impression on your peers and the many business and nursing professionals you have met. You are on your way to a very successful nursing career!

#### References:

- *Dress to Impress: Secrets of Proper Attire*, The Career Center, Florida State University  
[www.career.fsu.edu/employment/attire-guide.html](http://www.career.fsu.edu/employment/attire-guide.html)
- *Business Casual Attire*, Career Services @Virginia Tech, [www.career.vt.edu/jobsearc/buscasual.htm](http://www.career.vt.edu/jobsearc/buscasual.htm)

Need more information? Enter “professional attire” or “business casual attire” on any search engine for a plethora of links and resources.