

# contents....



**GET READY FOR DAYTONA!**

**MidYear Conference Preview pp. 49-52!**

## & departments columns

<b>Editorial</b>	<b>6</b>
<b>Write On</b>	<b>8</b>
<b>News</b>	<b>12-44</b>
<b>Foundation of the NSNA</b>	<b>46-47</b>
<b>Happenings</b>	<b>54</b>
<b>Breakthrough to Nursing</b>	<b>59</b>
<b>Ad Index</b>	<b>96</b>



**Convention Highlights!**

Photo highlights from NSNA's 52<sup>nd</sup> Annual Convention in Nashville pp. 84-90

## credits

Cover by The Lemonides Design Group, Inc. Glen Mills, Pennsylvania. Photos on pp. 20, 23-30, and 84-89 by Harry Butler, Nashville, TN. Copyright 2004 NSNA.

## health & wellness



**A Care Plan for Nursing Students  
 10 Antidotes for Stress** **64**

by Donna Cardillo

**Strategies for Coping with  
 Test Anxiety** **68**

by Glenda Christiaens

## back to school

**NSNA Leadership University  
 Giving Credit Where Credit Is Due** **72**

by Diane J. Mancino

**Study Tips for  
 Nursing Students** **76**

by Lisette Hilton

**2004 Publishers Directory  
 Resource Books for  
 Nursing Students** **78**



## general



**3rd Annual NSNA/Nursing  
 Spectrum  
 Essay Contest Grand  
 Prize Winner** **61**

Michael Spieker

All published material in IMPRINT is protected by copyright. Material, including illustrations and artwork, may not be reprinted without permission from the National Student Nurses Association. ■ NSNA encourages its readers to submit original articles for publication to IMPRINT but reserves the right to edit for style, clarity, and length ■ IMPRINT (USPS #899-300) is published five times a year by the National Student Nurse's Association, Inc. in the months of February/March, April/May, September/October, November /December and January. ■ ISSN # 0019-3062 ■ IMPRINT is indexed in the International Nursing Index. ■ Three dollars of NSNA dues is for subscription to IMPRINT. Other interested persons may subscribe at \$18 annually. Mexico and foreign subscriptions are \$30 annually. ■ Articles are the expressions of the writers and are not statements of NSNA policy unless set by resolution. © National Student Nurses Association, Inc. 2004, 45 Main Street, Suite 606, Brooklyn, NY 11201. ■ IMPRINT was formerly published as the NSNA NEWSLETTER ■ Periodical Postage Paid at Brooklyn, NY, and additional mailing offices. POSTMASTER: Send address changes to National Student Nurses' Association, Box 789, Wilmington, OH, 45177. ■ The views expressed in IMPRINT are solely those of the authors or persons quoted and do not necessarily reflect the views of NSNA.