



NSNA

National Student Nurses' Association
59th Annual Convention • Salt Lake City, Utah

CONVENTION NEWS

Friday, April 8

NSNA 59th Annual Convention

April 6-10, 2011

Salt Palace Convention Center
Salt Lake City, Utah

Today's Highlights:

9:00 am

Plenary Session

10:45 am

House of Delegates

11:00 am

Exhibit Hall and
Career Counseling Center Open

1:45 pm

Beehive Auction

2:30 pm

Candidates' Presentations, Part 1

3:30 pm

Focus Sessions, Part 3

4:45 pm

Focus Sessions, Part 4

5:00 pm

Candidates' Presentations, Part 2
and Presidential Debate

7:30 pm

Resolutions Hearing

10:00 pm

Meet the Candidates

NSNA

National Student Nurses Association

Keynoter Patrick Hickey Guides Students toward the Summit of Nursing Education

The Opening Ceremony began Wednesday evening with a stunning performance of the national anthem by our very own NSNA President, **Carylin M. Holsey**. Following recognition of platinum, gold, and bronze sponsors, agency and individual sustaining members were applauded. After greetings were heard from NLN President **Cathleen Shultz** and ANA President **Karen Daley**, the Spirit of Nursing award was then presented to **Jaime E. Benator**, San Diego State University, San Diego, CA.

Describing nursing as "a journey with an adventurous route and an ever present fear of the unknown," Keynoter **Patrick Hickey**, DrPH, RN, CNOR, clinical assistant professor of nursing, University of South Carolina, focused on the 7 summits in life students must scale on their journey in nursing. He noted that in his experiences climbing all 7 world summits (the highest mountains on the world's 7 continents), the lesson he learned was "what is most important in life is the journey."

In his address, "Reaching the Summit of Nursing Education: Are You Prepared for the Journey?" Dr. Hickey identified the 7 Summits of Life as balance, wellness, goals, attitude, potential, success, and legacy.

Summit 1. He advised students to maintain balance in life. "Look at what you are doing and learn to say no." In a balanced approach, he suggested students not hesitate to rely on faculty as "guides to help you" scale the most challenging peaks. "In the hospital, CNSs can be your guides. All guides will be different, but all want you to succeed."

Summit 2. "Develop wellness," said Dr. Hickey. "Get sleep, work out; find pleasure in life, engage in life. You must take care of yourself to be able to help others."



Patrick Hickey

Summit 3. "Establish goals, write them down, and set dates for achievement," he suggested.

Summit 4. "A positive attitude as critical," asserted to Dr Hickey who suggested "we can learn a lot from crayons: some are sharp, some are pretty, some are dull. Some have weird names. All are different colors, but all have to live in the same box."

Summit 5. Referring to potential, Dr Hickey reminded students, "You have extreme potential to do anything that you want."

Summit 6. "Strive for success," said Dr. Hickey who noted that "patient safety is the summit of our success in nursing." Summit 7. Finally, define your legacy. "The unwritten rule in nursing is that you will give back to society and give back to nursing. Our legacy is how we will touch the future. You have the name you inherit that your parents give you; legacy is the name you make for yourself."

(Continued on page 2) ➔

See page 4 for photos from
the Opening Ceremony!

(Continued from front cover)

After his inspiring presentation, Dr. Hickey was surprised with the announcement that he was being bestowed with the 2011 Honorary Membership (NSNA's highest honor). With faith in unlimited potential, Dr. Hickey established the "Nurses Can Do Anything" scholarship in the Foundation of the NSNA after delivering the 2008 NSNA MidYear keynote address in Reno, NV. The scholarship is supported by a portion of sales from his book, *7 Summits: A Nurse's Quest to Conquer Mountaineering and Life*. Immediately after the Opening Ceremony, attendees were treated to a book signing event with Dr. Hickey for his *7 Summits* book. ■

The Nurses Service Organization sponsored the keynote speaker; Catholic Healthcare West and the University of Pittsburg School of Nursing sponsored the Opening Ceremony.



Health and Accident Insurance



NSNA members and their eligible spouse and dependents can purchase group injury and sickness insurance provided by UnitedHealthcare Student Resources.

The plan includes prescription drug coverage and **continuation privilege for a period of up to nine months after graduation** if eligible. It is affordable for students and their dependents. Available in most states. Visit www.uhcsr.com/NSNA for more information. ■



2011 APNA Scholarship Announced!

Nursing students across the United States who show an interest in psychiatric mental health nursing are invited to apply for the 2011 American Psychiatric Nurses Association (APNA) Janssen Student Scholarship Program. The APNA Janssen Student Scholarship Program includes registration, travel and lodging expenses to attend the **APNA 25th Annual Conference, October 19-22, 2011, in Anaheim, California**. In addition, winners will receive one year complimentary membership in the APNA. Scholarship recipients and their schools receive national recognition via the APNA website, conference program materials, the e-newsletter APNA News: The Psychiatric Nursing Voice, social media platforms, and through the Journal of the American Psychiatric Nurses Association (JAPNA). **The application deadline is May 10, 2011.** Visit www.apna.org/StudentScholars for more details. This scholarship program is available through the generous support of an educational grant from Janssen, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc. administered by Ortho-McNeil Janssen Scientific Affairs, LLC. ■

NSNA First Night Party

SUPER HEROES!



Thanks to our Sponsors for making last night SUPER!



Supporters:

Catholic Healthcare West, San Francisco, CA • Littmann® Stethoscopes, St. Paul, MN • Monster® • University of Pennsylvania School of Nursing, Philadelphia, PA • University of Pittsburgh School of Nursing, Pittsburgh, PA

Annual Challenge

During tomorrow's House of Delegates break, there is a special "challenge" to raise much-needed funds for the Foundation of the NSNA. The NSNA invites everyone to make a contribution, not just delegates in the House. Contributions by school/state associations, as well as individuals, are encouraged. The first \$1,000 raised will finalize our goal of sending \$5,000 to the Haiti Nurses Foundation. Please help us to provide assistance to student nurses who were affected by last year's earthquake in Haiti. To take part in the challenge, please complete the Annual Challenge form located in the NSNA Convention & Fundraising Office (150 A). Thank you for your generosity and support of this important Fund. ■

Voting Tomorrow

MANDATORY
Attendance for Delegates

Voting Hours

Voting for the 2010-2011 Board of Directors and Nominating and Elections Committee takes place tomorrow morning in room **151 G** from 8:00 am - 9:30 am. Delegates must be credentialed to vote. Bring your Convention badge, delegate ribbon, and the blue voting card you received when you were credentialed. These are required to cast your ballot. Voting ends promptly at 9:30 am.

Voting Rights of Delegates

Voting is an individual right and individual responsibility. Each delegate has the right to vote their mind and is not required to adhere to instructed or block voting. ■

11 Candidates Added to Slate at Opening Session of House of Delegates

Wednesday's opening session of the House of Delegates began with a roll call punctuated with serenades by Florida and Tennessee delegates, a throw-me-something-mister toss of Mardi Gras beads by Louisiana delegates, and cornucopia count offs—for example, Arkansas Woo-pig-sooies, Maryland Oreos, Ohio Buckeyes, and Indiana Hoosiers. The largest delegation at the opening house was Florida with 44, followed by Pennsylvania with 36.

In her address, NSNA President, **Carylin M. Holsey** thanked delegates for the "pleasure and opportunity to represent NSNA." She noted that "the possibility to move policy in healthcare is greater than ever now" and urged students to "defy gravity and reach new summits in nursing and healthcare."

NSNA Executive Director **Diane Mancino** addressed the House and noted the historic significance of Salt Lake City as the first independent NSNA convention in 1974 after more than 20 years of conventions held in conjunction with ANA and NLN. She also highlighted two key initiatives focused on the future of nursing: The Campaign for Action (TheFutureOfNursing.org), an initiative of the Robert Wood Johnson (RWJ) Foundation to implement the Institute of Medicine's recommendations in the 2010 report, *The Future of Nursing—Leading Change, Advancing Health* and the Center to Champion Nursing in America (championnursing.org), an initiative of the AARP and the RWJ Johnson Foundation to raise awareness of the role of nurses in healthcare reform. When the floor was opened for nominations, 11 candidates were added to the slate:

- Breakthrough to Nursing Director: **Colin Tomblin, AL**
- Director (North): **Bailey Bloomingdale, KS**
- Director (South): **Andrea Darden, TX; Melissa Matthew, FL; Chelsea Nye, TN; Natalie Willingham, TX**
- Director (West): **Kristin Belford, OR; Jacyd Coleman, UT; Christy M. Johnson, NV**
- Nomination and Elections Committee (East): **Barbara Lee, PA**
- Nomination and Elections Committee (West): **Julie Cunningham, WA**

When nominations were closed, 8 offices remained open for nominations from the floor at the Saturday House session: Vice-President, Secretary/Treasurer, *Imprint* Editor, Director (North), and Nomination and Elections Committee (North, South, East, West).

When the House resumes, delegates will consider one proposed bylaw amendment and 38 resolutions. ■
* *Alexandria Gaul, PA, was nominated from the floor for Breakthrough to Nursing Director but has since withdrawn.*

Exhibit Hall & Career Counseling Grand Opening!

After the traditional ribbon cutting with the Board of Directors, attendees bolted off into the Exhibit Hall in search of nursing schools, graduate programs, potential employers and the latest and greatest NCLEX review books and programs. **Kristen Williams**, a junior from Oregon Health and Sciences University, Portland, OR, came to network with people and find a great review course and find information on possible DNP programs. **Malicia Jackson**, of St. Louis Community College at Florissant Valley, St. Louis, MO, brought some great business cards to recruit vendors for the MO state convention. She hopes to go into the Air Force or home health, and she was excited to see the Air Force in the Exhibit Hall. **Kadia Prospere**, of Byrdine F. Lewis School of Nursing at Georgia State University, Atlanta, GA, came to find information on MSN programs, network and, of course, take home some free goods! ■



Opening Ceremony



Top row, left to right: Agency and Individual sustaining members give vital support to NSNA; President **Carylin M. Holsey** presenting Honorary Membership to keynote speaker **Patrick Hickey**; Spirit of Nursing winner **Jaime Benator** (2nd from right) with her family;
Bottom row, left to right: FNSNA President **Ken Dion** with Marilyn Bagwell Leadership Development Grant winner Mt. Carmel College of Nursing, Columbus, OH; FNSNA President **Ken Dion** with **Lorie Kraynak** of the Johnson & Johnson Campaign for Nursing's Future

Reminder: Alcohol Policy

NSNA meeting participants are reminded that alcoholic beverages are not served at official NSNA student program events, and participants may not use, consume, or bring alcoholic beverages into or upon the premises of any venue where such official events are held; nor shall any participant use the premises of any facility provided by NSNA, including Student Activity Tables, to

promote any non-NSNA event where alcohol is served, nor sell tickets or other promotional items that endorse events where alcohol is served. Those of legal drinking age who may choose to consume alcoholic beverages, off the premises of NSNA sponsored events, are urged to do so responsibly.



*Be sure to attend the **Beehive Auction** today at 1:45 in the back of the Exhibit Hall (Hall A). The auction, organized by the FNSNA, and sponsored by **Littmann Stethoscopes®**, raises money for the **Mary Ann Tuft Scholarship Fund**.*



Registration count as of press time on Thursday, April 7: **2,436**

Delegate count as of press time on Thursday, April 7: **560**

This Morning - Advice from the Cognoscenti!

Be sure to attend today's Plenary Session, beginning at 9:00am in the Grand Ballroom (North Foyer entrance). A panel of past NSNA leaders share career experiences to help you write the next chapter for your professional career plan. Sponsored by Life Uniform. ■